

The Eagle-Dolphin Digest

District 29 Monthly School Newsletter

November 2011



Artwork by Colleen C., 2nd Grade

The Eagle-Dolphin Digest will be published on the 1st day of each month. For submissions, please email Marie LaPlante (marietlaplante1@gmail.com) by the 25th to be included in the upcoming month's newsletter.

Would you like your child's artwork featured on the cover of future monthly newsletters? Send their masterpieces to marietlaplante1@gmail.com

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SUNSET RIDGE SCHOOL DISTRICT 29

525 Sunset Ridge Road • Northfield, Illinois • 60093
847 881 9400 • Fax: 847 446 6388 • www.sunsetridge29.net

Cultivating a learning community that engages the hearts and minds of students, one child at a time

November 1, 2011

Dear Sunset Ridge and Middlefork Parents,

It is hard to believe that we have now completed the first quarter of the school year! I hope your child's school experience during this first quarter has been productive and positive, and that he or she has been provided with the appropriate amount of challenge and support.

We are very serious about the final four words of our mission statement, "one child at a time." We are committed to providing an educational program that awakens the potential and fosters new growth and learning within each individual student. Our mission also reminds us to "engage the hearts and minds of students." We hope your child has found opportunities to play, create, explore, and imagine during these first few months of school.

Later this month we will have the opportunity to meet with you to discuss your child's growth and progress. We look forward to sharing our observations and hearing your insights about your child!

The following topics are included in this month's letter:

- Parent Teacher Conferences
- District Survey
- Emergency School Closing Information
- November 15- School Board Member Appreciation Day
- Middlefork and Sunset Ridge Students Honor Our Veterans
- FAN Presentations- "Authentic Success: Raising Youth to Thrive in a Challenging World" and "Building Resilience in Early Childhood: It's Not a Choice Between Happiness, Play and Success".

Parent Teacher Conferences

Parent Teacher Conferences will be held on Monday, November 21 from 3:00 p.m. to 9:00 p.m. and on Tuesday, November 22 from 9:00 a.m. to 3:00 p.m. We look forward to having this opportunity to talk with you about your child's progress. If you have not already signed up for a conference please do so as soon as possible. Middlefork conferences are scheduled directly with classroom teachers. Sunset Ridge

parents will once again sign up for conferences on our web page. Sign-up procedures will be emailed out to parents in the near future.

District Survey

After months of planning and editing, our District survey is ready to distribute. It will be sent out to all parents and residents during early November. Staff and students in grades 5-8 will also take the survey here at school. You will receive your survey in an email sent from School Perceptions. You will have the option of responding to survey questions electronically or on paper, although we encourage you to take the survey online if possible. Those taking it electronically will be issued a personal access number. The number will not identify you; it simply links you to the District's survey. For a paper copy or a second access number for another adult in your household, please call the District office at (847) 881- 9400. Those completing paper copies will be provided with stamped, self-addressed envelopes. All survey data, whether it is electronic or on paper, is returned to School Perceptions and your identity will remain completely confidential.

Final survey results will be reported at the regular Board of Education meeting on January 10, 2012, and will also be available on the District website.

Thank you for taking the time to complete the survey! Survey data will tell us how we are doing today and help us plan for the future. Your input as a District 29 parent is critical to the survey and ultimately, to our strategic planning process. Together, we will continue to shape the future of Sunset Ridge School District 29.

Emergency School Closing Information

We have enjoyed some beautiful fall weather during the past few weeks, but unfortunately, winter is not far away! Before long we may be shoveling snow and driving through drifts, and we need to be prepared.

Most winter storms are manageable, but from time to time we are hit with a fierce storm that creates unsafe road conditions for our students and staff members. On rare occasions the decision may be made to close school. We understand that closing school has a big impact on our families, yet we need to ensure that our students and staff are able to travel safely to school.

I make the decision to close school after monitoring local weather conditions and conferring with the Northfield Police, our buildings and grounds staff, and administrators in other New Trier sender schools. If closing school is deemed necessary, I will communicate the information via our emergency phone notification system. My goal is to send out the message to all parents between 5:45 a.m. and 6:15 a.m. Please refer to the following sheet for additional information about closing school. This information is also located on the left side of our home page under Shortcuts.

November 15- School Board Member Appreciation Day

Nov. 15, 2011, has been designated as School Board Member Appreciation Day in Illinois, and District 29 is joining districts across the state to thank these community volunteers for their commitment and contributions to our public schools.

School board members spend countless hours working to make public education the best it can be for every child. As elected officials, school board members are the voice of the community, serving first and foremost in the best interest of our schoolchildren. More than any other public servant, school board members must listen to the voices of their community and then craft a vision, mission and goals for their district to accurately reflect those voices in the design. They must guard two of the community's most precious resources— their children and their tax dollars — while they create the best educational environment possible with the money available.

We proudly join educators and community members across the state in expressing our thanks to these education advocates as they provide vision and leadership for student achievement, academic programs, district funding, and school facilities. These dedicated individuals deserve recognition and thanks for their unfailing commitment to the continuing success of our students now and in the future. Please take a moment to thank our Board members:

Laura Felicione
Joan Hoholik
Sean O'Grady, Vice President
Shaun O'Leary
Debbie Papas
Phoebe Raymond, President
Doug Warshauer

Middlefork and Sunset Ridge Students Honor Our Veterans

School will be in session on Veterans' Day- Friday, November 11. Students at both schools are encouraged to wear red, white, and blue to school on November 11!

In observance of Veteran's Day, Middlefork students will create a Wall of Honor in the main lobby. Students are encouraged to decorate a flag for a family member or friend who has served in our country's armed forces and bring it to school to be posted on the Wall on Friday, November 11. Flag templates will go home in backpacks on Monday, November 7.

Sunset Ridge students will participate in a 9:15 a.m. school assembly to honor our veterans. Students in the Sunset Ridge Band, Orchestra and Choir will perform patriotic music. Our guest speaker and performer will be former US Marine, Bud Jones. Mr. Jones is the author of "Snake, Rolling in Hot," a true story of his experience as a Marine helicopter pilot in Vietnam. Mr. Jones is also an actor and voiceover personality who will be performing a very special piece entitled "Within These Hallowed Halls" with the Sunset Ridge Band, Orchestra, and Choir.

Two FAN Presentations by Dr. Ken Ginsburg

“Raising Youth to Thrive in a Challenging World”

Don't miss FAN's upcoming talk by Ken Ginsburg, M.D., M.Ed., a highly regarded pediatrician specializing in adolescent medicine. During this important presentation, Dr. Ginsberg will explore how parents can raise their child to thrive in a challenging world. He will discuss his seven “C's” of resilience (competence, confidence, connection, character, contributions, coping and control) and the importance of parents modeling resilience in their own lives.

This presentation takes place on Thursday, November 17, from 6:30 p.m. to 9:00 p.m. at New Trier High School's Cornog Auditorium in Northfield. (PLEASE NOTE EARLY START TIME.)

“Building Resilience in Early Childhood: It's Not a Choice Between Happiness, Play and Success”

Dr. Ginsburg will speak with parents of young children on Thursday, November 17 from 1:00 p.m. to 3:00 p.m. at the Winnetka Community House about the importance of balancing academics, structure and goals with play, child-centered activities, and rich parent child interaction. Many people think they have to choose between their young child's happiness today and a child well prepared for future academic challenges, and too often the choice is to press for academic achievement and extracurricular enrichment at the expense of unstructured play time. Yet in spite of the fact that social/emotional dexterity is perhaps the single most important component of a child's “toolkit,” the opportunities to practice these skills – in a sandbox, or sharing toys, or negotiating rules of made-up games – are often sacrificed in favor of organized activities, sports participation, and strict routines and schedules.

For more information on both presentations, visit the FAN website at www.fan-nttds.org or view the attached flyers included in this newsletter.

Wishing you a very Happy Thanksgiving at the end of the month!

Sincerely,

Linda J. Vieth, Ed.D.

Superintendent of Schools

Sunset Ridge School District 29

Emergency Closing Information

EMERGENCY SCHOOL CLOSINGS

Our District understands that the decision to open or close schools in bad weather has a big effect on families. We also understand that our students are better served, both academically and socially, by being in school whenever possible. The safety of our students and staff is our top priority in making a decision to keep schools open or close schools in bad weather.

HOW DO WE MAKE OUR DECISION?

Please understand that we make the decision to open or close the schools in bad weather based on a careful analysis of all relevant factors, such as:

- * Information on road conditions from the Northfield Police Department and from our facilities and grounds department.
- * Amount of snow and ice accumulated.
- * Whether snow/ice is continuing.
- * Facility conditions (such as whether we have electricity and heat).
- * Parking lot conditions. Administrators talk to maintenance and custodial staff members who are responsible for clearing and treating school parking lots and sidewalks.
- * Temperature and wind chill.
- * Weather predictions. We prefer not making our decision based on weather predictions, which are not always accurate. However, sometimes this is unavoidable.
- * What other school districts are doing. We make our decision in cooperation with other New Trier Township elementary districts and New Trier High School.

WHO MAKES THE DECISION?

The Superintendent of Schools or designee makes the final decision, based on the above factors. The decision to close the schools will generally be made by 6:00 a.m. or earlier.

There are several ways to find out if school is closed (or open on what seems like a bad weather day.)

1. Listen for your Blackboard Connect call between 5:45 a.m. and 6:15 a.m.
2. Visit the Sunset Ridge website: www.sunsetridge29.net where closing information will be posted on the home page
3. Visit www.EmergencyClosings.com
4. Tune into CBS, NBC, ABC, WGN, Fox, CLTV
5. Listen to local radio: WGN (720-AM) or WBBM (780-AM)
6. Call the District's main office at (847) 881-9400 for a recorded message

WHEN IS THE DECISION MADE?

The decision to close school is generally made by 6:00 a.m. or earlier. Notification will be posted on our website and Emergency Closing website as soon as the decision has been made. Our goal is to place Blackboard Connect calls between 5:45 and 6:15.

WILL WE CLOSE SCHOOL IF CONDITIONS WORSEN DURING THE DAY?

Keep in mind that even if weather conditions worsen we cannot reverse our decision in the morning without endangering students. Once we make the decision to open the schools, many parents rely on it and leave for work. If we then send students right back home, many will return to empty houses.

INFORMATION ABOUT BLACKBOARD CONNECT

Blackboard Connect is our automated phone messaging system. It is used in place of traditional "phone trees" to notify parents and staff of school closings, power outages, and other significant events. Everyone will receive the same recorded message within minutes.

To receive a message, you need only answer your telephone or cell phone, or have an answering machine or voice mail to record your incoming message. Calls will automatically be sent to the phone numbers you have previously provided the school. Please be sure that your child's school has all of your updated home and cell phone numbers and e-mail addresses. A message will also be sent to you via email. (Please note that phone numbers that have extensions will not receive messages.) Depending on how many numbers you have given us, you may receive up to four calls during emergencies.

District 29 has seldom resorted to closing school due to weather conditions. In order to avoid closing school in all but the most severe weather conditions, the District may employ a "delayed start" practice whereby the school day will begin at 9:50 a.m. at Sunset Ridge and 10:00 a.m. at Middlefork. Both schools will be dismissed at their regular times.

The decision to close or use a delayed start will generally be made by 6:00 a.m. The delayed start will allow us to conduct school, avoid the problems of rescheduling a canceled day, and, most importantly, permit students and staff to travel to school in off-peak traffic or after the weather conditions have improved. The same notification procedures for emergency closing will also be employed for a delayed start.

ARE SNOW DAYS BUILT INTO THE CALENDAR?

Extra days are not built into the District calendar. Therefore, if the District closes due to weather, each day missed will be made up at the end of the school year in June.

A PARENT'S DECISION

Although the District does its best in this process, we know that often no perfect decision exists. If you do not feel it is safe for your child to attend school, we respect your right to keep your child at home.

If you have any questions, please call Dr. Linda Vieth at 847-881-9456



SUNSET RIDGE SCHOOL MONTHLY NEWS NOTES

THE FINE ARTS AT SRS: We are so fortunate to have a wonderful fine arts program for our students. Our Band, Orchestra, and Choir will perform at our November 11th Veterans' Day assembly. One area we work on with our community is "assembly etiquette". We want everyone to enjoy assemblies, but also to respect the hard work that went into preparing for the assembly. It is all about appreciating and celebrating the work of our performers – both professionals who come to our school as well as our students who take center stage. Mrs. Horne fills our hallways with amazing original works of art from our students. Mr. Toniolo, Music Teacher, is enjoying his first year at Sunset Ridge School. Along with his regular music classes at the 4th, 5th, 6th, and 8th grade levels (Mr. Nolan teaches our grade 7 Music Exploratory), he is working with our 6th, 7th, & 8th grade Choir. Students rehearse on Monday nights at 6:00 p.m.

TECH FORUM: Students in grades 4-8 who love to talk about the latest technology are invited to come to a Tech Forum. We are setting these up after school starting November 2nd. We will meet in the Learning Center. If your son/daughter loves to talk about technology (maybe the next Bill Gates), please encourage him/her to come to the November 2nd Tech Forum. We will set up a forum every other month.

HAVEN YOUTH & FAMILY SERVICES OPEN HOUSE: We have expanded our partnership with Haven Youth & Family Services this year. Robin Metzler, Haven Social Worker, works with our 7th and 8th graders during their lunch/recess blocks as well as through a "drop in" program after school on Mondays and Wednesdays. They would like to invite parents to come visit their facilities on Wednesday, November 2nd at 7:00 p.m. Learn more about Haven's programs and meet & greet with their staff. Light refreshments will be served. Here is the address:

Haven Youth and Family Services
825 Green Bay Road, Suite 200
Wilmette, IL 60091
847-251-6630
www.havenforyouth.org

GREAT TECH RESOURCE: If you have not checked out the website - Khanacademy.org, I recommend you explore this website. It has great resources and activities for students. One of our students recommended it through our "Student Suggestion Box". This is a great suggestion!

SRS NEWS: For more SRS news, please visit: <http://www.sunsetridge29.net/Page/234>



November Notes for Middlefork School

Happenings at Middlefork School

- School picture retakes are Wednesday morning, November 2.
- Middlefork School welcomes children's author Catherine Driscoll on Thursday, November 3.
- Lunches for the homeless are collected from all grades and delivered to the Second Baptist Church in Evanston.
- 1st-3rd grade students travel to SRS for the Book Fair on Thursday, November 10.
- November Birthday Lunch with Dr. Greene is at 11:30 a.m. on Friday, November 11.
- Middlefork students honor friends and family who have served our country in the armed forces through a Veterans' Wall of Honor in the Middlefork Lobby, beginning Friday, November 11.
- Play Pods meet again on Tuesday, November 15.
- Third grade progress reports are mailed on Thursday, November 17.
- Parents who haven't scheduled a conference for November 21 or 22 should email their child's teacher directly. Specials teachers, Mrs. Kasper, Mrs. Nagy, and Mrs. Sabransky would welcome the chance to converse with parents as well.

Planning Ahead for December!

- The 1st - 3rd grade Winter Sing is Thursday, December 8 at 7:00 p.m.
- The Kindergarten Winter Sing is Wednesday, December 14 at 6:30 p.m.
- Dismissal times are 11:45 and 11:55 a.m. on Friday, December 16.
- School resumes after Winter Break on Tuesday, January 3, 2012.

Special Notes:

More information about these events can be found on the Middlefork News page of the District 29 website: www.sunsetridge29.net/middleforknews. Middlefork parents are encouraged to bookmark this site, as well as to subscribe to e-Alerts for the site through the district website. Subscribers receive a brief email notice when important new information is posted to the Middlefork News. To subscribe, sign in to the district website, click on Access Info, Subscriptions, and Middlefork Home.



News From Your Middlefork Specials!

IT'S CONFERENCE TIME!!!

Dear Middlefork Parents,

Conferences are coming up, and we're sure you are looking forward to hearing about all the wonderful progress your children have made.

Third graders receive progress reports in the fall, but for 1st and 2nd graders, here's what's going on in your Specials classes:

ART: The students at Middlefork had a very busy and productive Fall. The first grade projects included dolphin paintings, mixed media pumpkins, clay pumpkins and textured turkeys.

The second grade projects included complimentary color hands, leaf-relief oil pastels, abstract pumpkins (Picasso) and Paper mache turkeys.

MUSIC: First and second graders are very busy preparing for the Winter Sing. We're working on using our singing voices, memorizing lyrics, playing rhythm instruments and analyzing musical form. Earlier this Fall, we experimented with rhythms and melodies to create sounds to accompany a story. Check out some pictures on the MF Music website - www.sunsetridge29.net/sabransky.

P.E: Students have been working hard during our Wednesday Wellness activities this Fall. We hope you will participate in our annual Post-Thanksgiving Turkey Trot on Monday, November 28th! Details will be posted on the Middlefork News and PE web pages. Happy Thanksgiving, and come out to trot!

November Parent-Teacher Conferences

We look forward to seeing you during parent-teacher conference days. *We are available in Room 22 on Monday, November 22nd from 3-5pm for parent/teacher conferences.* Additionally, Mrs. Nagy and Mrs. Sabransky will be in their classrooms on Monday evening until 8:30 P.M. Mrs. Kasper is available the entire conference period. If you have any concerns or questions please feel free to stop by.

Sincerely,
Mrs. Kasper, Mrs. Nagy, and Mrs. Sabransky

PTO President's Post

"Gratitude for the present moment and the fullness of life now is true prosperity." – Eckhart Tolle



November 2011

Dear Parents, Teachers, Administrators, and Staff,

The month of November is a perfect time to reflect on what we are most thankful for. As PTO President, I am so thankful for all the wonderful volunteers who selflessly give their time to make our schools great. Among these volunteers are:

- Book Fair chairs **Amy** and **Jim Thompson**, who booked authors to speak to the students and are organizing the Book Fair, which will take place on November 9th and 10th at Sunset Ridge School, with set-up on November 8th.
- Author Visit coordinator **Debbie Papas**, who will make the authors feel welcomed and keep them informed during their visit.
- Winter Clothing Drive/Book Drive chair **Marcia Osher**, who collected winter clothing for the Northwestern Settlement House, and who is coordinating the book drive for Bernie's Book Bank.
- Clothing chairs **Buggie O'Grady** and **Kate Rekett**, who are selling clothing at the Book Fair.
- Ways and Means chairs **Sue Siegel** and **Andrea Macina**, who have been collecting proposals.
- Conference Meals chairs **Kiki Knight**, **Jennifer Kyriakopoulos**, **Abra Berkley**, and **Jayme Marino**, who are bringing meals to the staff during conferences.
- Holiday Projects chairs **Jill Cunningham** and **Shelley Baird**, who have been busy setting up dates for the gathering and delivering of gifts for the Northwestern Settlement House.
- All the **room parents**, for planning fun Halloween parties.
- Vice President **Sydney Clark**, who added room parent info to the PTO web site.

PTO President's Post, cont.

- Fall Fundraiser chairs **Sarah Deeb**, **Cheri Tracy**, and **Melissa Yeoman**, who organized the first-ever Fall Classic softball tournament.
- Treasurer **Lynn Hawley**, who collected money at the Fall Classic softball tournament.
- Programs chair **Abra Berkley**, who planned the *Dolphin Tale* movie event.
- House and Grounds chairs **Margie Huber** and **Sarah Wilson**, who brought new fall plantings to both schools.
- Spring Fair chair **Tiffany Khan**, for stepping up to help.
- Social Dance chairs **Karen Tragos** and **Patty Mosele**, who have been planning all the social dances.
- Assistant Treasurer **Joe McInerney**, for working to sign up more people for eScrip, and running the first Wellness Committee meeting of the school year.
- Directory chairs **Betsy Kochvar** and **Julie Ponder**, who distributed the directory.

Did you know?

You can help our PTO raise money by registering your Dominick's card with the **eScrip** program. Sign up today! Having problems switching your registration to our school? Contact Joe McInerney, Assistant Treasurer, at joe@buyersadvantage1.com.

Donate your used **ink cartridges** to our schools, and the PTO makes \$1 for every cartridge! Drop boxes are located in the Sunset Ridge Learning Center and the Middlefork hallway.

Your **child's artwork** could be on the cover of an upcoming monthly newsletter! Send all submissions to Marie LaPlante at: marietlaplante1@gmail.com.

Save the date!

November PTO Meeting: Come to the next PTO meeting on Tuesday, November 8th, at 12:30 p.m. in the Sunset Ridge School Learning Center! We will listen to and ask questions about the Ways and Means proposals, and our school administrators, school board, and PTO members will provide all the news you can use.

PTO President's Post, cont.

Book Fair: Set-up: Tuesday, November 8th, from 4-8 p.m.; Ice Cream Social: Wednesday, November 9th, from 5:30-7:30 p.m.; Fair: Wednesday, November 9th and Thursday, November 10th.

PTO Opportunities

Book Fair: We need many volunteers to make the Book Fair a success! Sign up on the web site at: <http://www.sunsetridge29.net/bookfairvolunteer>. Pizza will be provided at set-up on Tuesday, November 8th, from 4-8 p.m. You can also help at the ice cream social on Wednesday, November 9th, from 5:30-7:30 p.m., and work at the Book Fair on Thursday and Friday, during various times each day.

3rd Grade Junior Great Books Teacher Needed: Contact Sue Warshauer at warshauer1@comcast.net if you are interested in this volunteer opportunity.

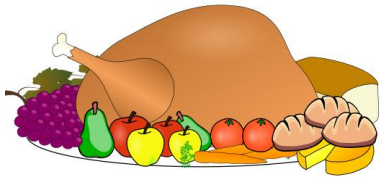
Join the Wellness Committee: The first meeting of the year is Thursday, November 3rd, at 1:00 p.m. in Dr. Vieth's office. Questions? Contact Joe McNerney at joe@buyersadvantage1.com.

Be a Spring Fair Chair: The PTO is looking for a few more people to chair the Spring Fair. This is a fun opportunity! Contact Erin Charchut at erincharchut@hotmail.com if you are interested.

Respectfully,

Erin Charchut. PTO President

Questions about the PTO? Interested in volunteering? E-mail Erin at: erincharchut@hotmail.com.



November Calendar

Wed. 11/2	Middlefork Picture Retake Day 8:45 a.m. – Parent Character Education Meeting – Dr. Stange’s Office
Thurs. 11/3	4 th /5 th Grade Author Visit – Catherine Driscoll – SRS LC
Fri. 11/4	7:00 p.m. - 6 th Grade Social Dance – SRS Large Gym
Mon. 11/7	6 th /7 th /8 th Author Visit – Kat Falls – SRS LC
Tues. 11/8	Middlefork Lunches for the Homeless (K-3) 12:30 p.m. – PTO Meeting – SRS LC 7:00 p.m. – Regular School Board Meeting – SRS LC
Wed. 11/9	SRS Book Fair
Thurs. 11/10	SRS Book Fair *MF coming to SRS for Book Fair
Fri. 11/11	9:15 a.m. – Band/Orchestra Veteran’s Day Concert – SRS Large Gym 11:30 a.m. – MF Birthday Lunch – MF Art Room 7:00 p.m. – 6 th Grade Social Dance – SRS Large Gym
Tues. 11/15	6:00 p.m. – Finance/Facilities Committee Meeting – SRS LC 7:00 p.m. – Education Committee Meeting – SRS LC
Wed. 11/16	SRS Picture Retake Day
Mon. 11/21	3:00 p.m. – Parent/Teacher Conferences Begin – No School
Tues. 11/22	9:00 a.m. – Parent/Teacher Conferences Begin – No School
Wed.-Fri. 11/23-11/25	Thanksgiving Break – No School
Wed. 11/30	12:45 p.m. – 4 th /5 th Birthdays



School Directory Updates

Directory updates will now be posted in the Monthly School Newsletter. If you have any changes to your directory information, please send them to Betsy Kochvar at bkochvar@comcast.net or Julie Ponder at ponder.julie@yahoo.com

Also, please note that there are extra copies of the directories for purchase at both school offices.

Directory Corrections:

Susan Jones corrected email address: ionesfamily630@gmail.com

Tchavdarov Family name is correctly spelled here; it was misspelled in the Directory

Shenton Family's correct phone number is (847) 386-9379



If you are looking for a live theater experience for your children, this might fit the bill. Some of our district's students are in the program!

The Children's Theatre of Winnetka is proud to present, as its Fall show, family favorite "Aladdin!" There are six performances:

THURSDAY, Nov. 17th – 7:00 p.m.
FRIDAY, Nov. 18th – 7:30 p.m.
SATURDAY, Nov. 19th – 1:00 and 3:30 p.m.
SUNDAY, Nov. 20th – 1:00 and 3:30 p.m.

Tickets are available to the general public beginning at 12:00 p.m. on October 8th at the Winnetka Community House, 620 Lincoln Avenue. For more ticket information, call 847-446-0537 or visit www.childrenstheatrewinnetka.com



November Events at the Northfield Park District

Thanksgiving Break Trip to Legoland!

Monday, November 21st

Grades K-3rd

Depart from the Northfield Community Center at 9:00 AM and return at 2:00 PM

\$40 per participant

Trip includes time in the Legoland play area, a Tall Towers workshop, private building session, lunch, and 2 mini figures. Lunch is hot dog, chips, soda.

Medic First Aid & CPR Training

Saturday, November 5th

10:00 AM to 4:00 PM

For ages 12 and up

\$50 per participant

Class includes book, completion card and a provided pizza and pop lunch



Winnetka-Northfield Public Library District

For more information, please visit www.winnetkalibrary.org.

Library Closing

The Winnetka and Northfield Libraries will be closed at 5 p.m. on November 23 and all day on November 24 in observance of Thanksgiving.

Youth Programs

Read with Bailey

4:00 PM · Mondays · Northfield Community Room, 360 Happ Road, Northfield

No one pays attention like a dog. Children are invited to read to Bailey, a black Labrador retriever, who will listen to your every word. Please call the Northfield Library, (847 446-5990), to register for a 15 minute session. Ages 6 and older.

CLUBVid

6:30 PM · Thursday, November 1 · Winnetka Library

ClubVid is a fun way to work on editing, sound, and screenwriting techniques. We will be filming in the library and making 5 by 5's. Equipment is provided. Registration required; call (847) 446-7220 or visit www.winnetkalibrary.org to register.



Lego Mania JUNIORS

5:30 PM · Thursday, November 3 · Winnetka Library Lloyd Room · Grades JK-2

A club for junior brick builders. Registration required; call (847) 446-7220 or visit www.winnetkalibrary.org to register.

Lego Mania Club

6:30 PM · Thursday, November 3 · Winnetka Library Lloyd Room · Grades 2+

A club for brick builders. We create cool stuff in an hour. Registration required; call (847) 446-7220 or visit www.winnetkalibrary.org to register.

Make-N-Take Preschool Craft

3:30 PM · Friday, November 4 & December 2 · Winnetka Library Lloyd Room

Get Creative! Stay for ten minutes or an hour and make a craft to take home. One project per child while supplies last.

Guess Who's Coming to Storytime?

6:00 PM · Wednesday, November 9 · Northfield Branch

The stars of classic children's books will visit the library this fall! This week, join us for a storytime with Miss Debbie, followed by a meet-and-greet with a celebrity fish.



PJ Storytime Family Reading Night

6:30 PM · Thursday, November 17, 2011 · Winnetka Library Lloyd Room · Family

Come in your PJs for a Family Reading Night Celebration with special guests.

Gobbler Games

3:00 PM · Saturday, November 19 · Winnetka Library Lloyd Room · Grades 1+

Think you're ready for Thanksgiving? Make sure your holiday skills are ready for the big day by participating in the Gobbler Games. Challenge. Registration required; call (847) 446-7220 or visit www.winnetkalibrary.org to register.

Stuffed Animal Sleepover

6:30 PM · Monday, November 21 · Winnetka Library & Northfield Library

Bring your stuffed toy to the library for a story, then leave it overnight for slumber party fun. Come back the next day and find out what kind of mischief it got into! Remember to bring a toy that you won't miss at bedtime.

Origami Art

11:30 AM · Saturday, December 3 · Winnetka Library Lloyd Room

Origami artist Ryoko Dowling returns to present an origami art program for children in grade 1 and up. The children will do several different projects. Registration is required and space is limited.

Keep It Short

1:00 PM · Saturday, December 10 · Winnetka Library Lloyd Room

Screening of Teen entries in the Keep it Short category of Studio 60093 Children's Video Fest.



Hey Matey – It's Book Fair Time!

Find your treasured book or uncover a great new read! ARR ya goin'??

Wednesday, November 9th and
Thursday, November 10th

Ice Cream Social – Wednesday, 5:30-7:30 (Shop and Eat!)
Yummy ice cream, toppings and celebrity scoopers!



Book Fair Hours:

Wednesday
8:30am to 7:30pm

Thursday
8:30am to 4:30pm

Books for all ages
– all are welcome!
Bring a friend!

Mom Time! Shop
with your friends on
Thursday from 2:00-
3:00. Bring your
kindergartener!

PLEASE HELP OUT!
Volunteer slots
still available

<http://www.sunsetridge29.net/bookfairvolunteer> to
sign up (sign in to website)

Uncover a great new read! Find a new treasured book! Enter to win the Treasure Chest!! It all happens at this year's book fair. ARR ya goin'?? Email with any questions: amy.thompson550@gmail.com.

New releases, old favorites and teacher recommendations. Lots of adult reads too.

Students visit the fair during school hours: Sunset Ridge students visit Wednesday and Middlefork students in grades 1-3 visit Thursday.

Come to the book fair and enter the drawing to win the Treasure Chest! Last year's big win was a Kindle. What will this year bring? It's sure to be a treasure!! Bring the entry form below to the book fair. One entry per person please. All are welcome to enter!! (Forms also available at the fair).

Book Fair Entry Form - WIN!!



Name: _____
Email: _____
Phone: _____
Teacher (if student) _____



Anderson's Bookfair Company
520 North Exchange Ct
Aurora IL 60504
630-820-0044
630-820-0057 fax line
www.ABCFairs.com

Shop on-line **ALL YEAR** and support SRS/MF PTO
Earn **20%** cash back to the school

E BOOKS TOO!!!

Instructions for logging on and shopping on-line

1. Log onto WWW.ABCFairs.com
2. Click on find my school – top half of page
3. Scroll down and find your school. Schools are listed alphabetically – we are listed as: **Sunset Ridge Middlefork**
Copy the username/password designated to your school. The username and password are the same. Ours is **SunsetRidgeMiddlefork**.
4. Scroll back to top of page and click on my account
5. Enter the username and password and click log in
6. Once you are logged in your school's name will display on the center of the page.
7. If you are looking for a particular title that information can be typed in on the left hand side of the screen. Or you can click on shop our selection on the left hand side of the screen as well.
8. Once you are done shopping make sure the items in the cart are for your order.
9. When filling in the billing/ delivery information there is a space to enter your school's name. This does not mean it will ship to the school address; however it will be another check to make sure your school gets the credit for the sale.
10. Enter any special comments (if needed) for your order.

FAN and the Parent Education Committee at North Shore Country Day School present Dr. Beilock, one of the country's leading experts on the brain science behind "choking" under pressure and the many factors influencing performance, from test-taking to public speaking an even your golf swing! Don't miss this fascinating lecture from this best-selling author on Tuesday, November 1, at 7pm at the North Shore Country Day School.

The Parent Education Committee at North Shore Country Day School presents:

Choke

WHAT THE SECRETS OF THE BRAIN

REVEAL ABOUT GETTING IT RIGHT

WHEN YOU HAVE TO

Sian Beilock, Ph.D.

**Principal Investigator, Human Performance Lab
The University of Chicago**

Tuesday, November 1, 2011

7:00 PM

**North Shore Country Day School
Diller Street Theater
310 Green Bay Rd., Winnetka**

This program is free and open to the public. Book sale and signing at the event.





FOR IMMEDIATE RELEASE

Evening lecture sponsored by the Parent Education Committee at North Shore Country Day School, Winnetka, IL.

CONTACT: Maggie Scheyer, Parent Ed Co-Chair: mscheyer@comcast.net
Lonnie Stonitsch, Parent Ed Co-Chair: lonnie@stonitsch.net

Tuesday, November 1, Choke: What the Secrets of the Brain Reveal About Getting It Right When You Have To, 7:00-9:00 PM (doors open at 6:30), North Shore Country Day School, Diller Street Theater, 310 Green Bay Rd., Winnetka, 60093. Why did you tank that interview or miss that golf swing when you should have had it in the bag? Why are the highest performing people most susceptible to choking under pressure? The **Parent Education Committee at North Shore Country Day School** is excited to present **Sian Beilock, Ph.D., Principal Investigator** at the **Human Performance Lab** at **The University of Chicago**. Dr. Beilock is one of the world's leading experts on the brain science behind "choking under pressure" and the many factors influencing all types of performance, from test-taking to public speaking to your golf swing. She is also the author of the best-selling 2010 book *Choke: What the Secrets of the Brain Reveal About Getting It Right When You Have To*.

Dr. Beilock will address concerns about performance anxiety when the stakes are high, since "being good at what you do necessitates being able to perform well when it counts the most." Linking body and mind closer than ever before, *Choke* provides counterintuitive revelations about intelligence and performance. Dr. Beilock will describe brain functioning during performance, and the differences between the various forms of performance - athletic, academic, dramatic, musical, public speaking (including business pitches). She will define "stereotype threat," and will elaborate on research that shows how this "threat" directly impacts brain function during high-stakes performance situations (e.g., standardized tests), ultimately calling test and performance results into question. Analyzing how some people excel under pressure, Dr. Beilock will offer effective strategies for avoiding the choking hazard when performing in activities ranging from making that elusive 6-foot putt when everyone is watching, to taking the SAT, to pitching to a room full of clients. Packed with practical advice about ways *not* to choke in high-pressure situations, this program will help you learn how to succeed brilliantly when it matters most.

Dr. Beilock's fascinating research is routinely covered in the media, including *New Yorker Magazine*, CNN, *The New York Times*, NPR, and the *Wall Street Journal*. She was highlighted as one of four "Rising Stars" across all academic disciplines by the *Chronicle of Higher Education* in 2005, and chosen as one of twenty-five "Women to Watch" by *Crain's Chicago Business Magazine* in 2007. Dr. Beilock is also the 2008 recipient of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Early Career Distinguished Scholar Award. This program is free and open to the public. For more information, contact Parent Ed co-chairs Maggie Scheyer, mscheyer@comcast.net, or Lonnie Stonitsch, lonnie@stonitsch.net.

Family Awareness Network (FAN), The Alliance for Early Childhood,
Make-a-Messterpiece and Winnetka Community House present:

Building Resilience in Early Childhood: It's Not a Choice Between Happiness, Play and Success!

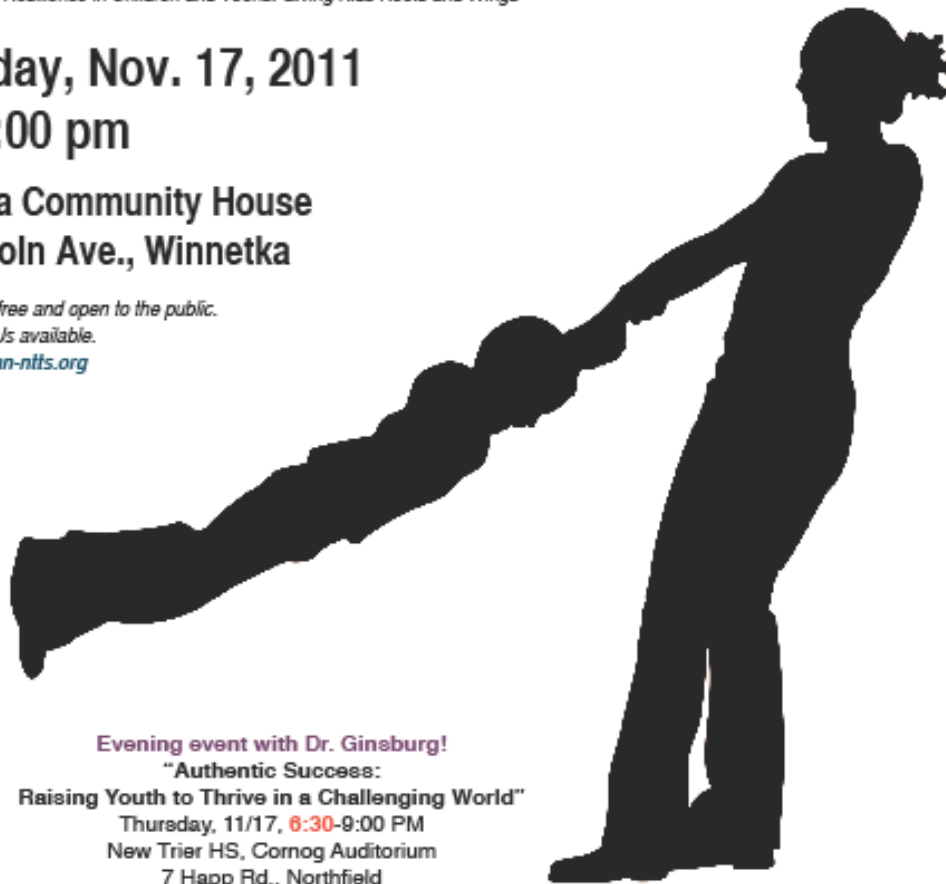
Ken Ginsburg, M.D.

Associate Professor of Pediatrics, Children's Hospital of Philadelphia
Author, *Building Resilience in Children and Teens: Giving Kids Roots and Wings*

Thursday, Nov. 17, 2011
1:00-3:00 pm

Winnetka Community House
620 Lincoln Ave., Winnetka

*This program is free and open to the public.
CPDUs and CEUs available.
Pre-register at fan-nlts.org*



Evening event with Dr. Ginsburg!
"Authentic Success:
Raising Youth to Thrive in a Challenging World"
Thursday, 11/17, 6:30-9:00 PM
New Trier HS, Cornog Auditorium
7 Happ Rd., Northfield
NOTE early start time.



Family Awareness Network (FAN), The Alison Tobey Smart Memorial Fund at Kenilworth Union Church,
NTHS' ECGC Parent Committee, Highcrest Middle School and Wilmette Junior HS present:

Authentic Success: Raising Youth to Thrive in a Challenging World

Ken Ginsburg, M.D.

Associate Professor of Pediatrics, Children's Hospital of Philadelphia
Author, *Letting Go with Love and Confidence: Raising Responsible, Resilient, Self-Sufficient Teens in the 21st Century*



Thursday, Nov. 17, 2011

6:30-9:00 pm

New Trier High School
Cornog Auditorium
7 Happ Rd., Northfield

*NOTE early start time.
CPDUs and CEUs available.
Pre-register at fan-ntts.org*

Afternoon event with Dr. Ginsburg!
"Building Resilience in Early Childhood:
It's Not a Choice Between Happiness, Play and Success!"

Thursday, 11/17, 1:00-3:00 PM
Winnetka Community House
620 Lincoln Ave., Winnetka

