

**A.M. RECREATION PROGRAM
(AVAILABLE TO 4th and 5th GRADERS)**

Dear 4th/5th Grade Parents and Students,

On behalf of the Sunset Ridge Physical Education department and the PTO, we welcome you back to school. This year we are pleased to offer an expanded recreational program commonly known as A.M. Rec. The following times have been designated for this program.

Monday Morning 7:50-8:20 a.m. - Gym Activities I

Tuesday Morning 7:50-8:20 a.m. - Gym Activities II

Friday Morning 7:50-8:20 a.m. - Gym Activities III

The above program will begin Friday, August 27, 2010. All 4th/5th grade children are welcome to attend any or all of these sessions. Attendance is optional for any of the above programs. The children will be admitted to A.M. Rec through the gym entrance. The above program is arranged in a recreational format. Children will be involved in team sports as well as individual sports. Cooperation, not competition, will be stressed.

Yours in fitness,

Steve Timko

**PERMISSION SLIP TO PARTICIPATE IN A.M. REC
(RETURN PERMISSION SLIP TO MR. TIMKO)**

By signing and returning this slip, your son/daughter will be able to attend all A.M. Rec sessions for the 2010-2011 school year.

Parent's signature

Child's name