



The Winnetka Alliance
FOR EARLY CHILDHOOD

Would you know what to do if...

- Your infant stopped breathing?
- Your toddler choked on a piece of candy?
- Your preschooler got a shock from putting a fork into an electrical outlet?
- Your seven-year-old got in trouble while swimming?
- Your elderly relative needed to be resuscitated with an AED?

The American Red Cross

CPR Class with First Aid for Parents

Friday, Nov. 12 1-3 p.m.

**Meets at the Winnetka Park District Community Room
540 Hibbard Rd., Winnetka.**

The course includes CPR for infants, children, and adults; AED training; and how to deal with choking, drowning, and other first aid emergencies. It will be taught by Julie Lestrud, R.N., B.S.N., a critical care nurse at Children's Memorial Hospital. Ms. Lestrud has trained parents, teachers, nurses, and doctors for over 20 years. Consider having your nanny or babysitter take this important course, as well. The cost is \$40 per person. A minimum of six and a maximum of 15 may enroll. First come, first served enrollment. No refunds. For more information, call Blakely Bundy, 847-441-9001.

Please enroll me in the fall CPR and First Aid Class for Parents on Nov. 12, 2010 from 1-3 p.m.

I enclose a check for \$40 per person.

Make checks payable to: Winnetka Alliance for Early Childhood.

Total enclosed: \$_____

Name: _____

Address: _____ Town: _____

Phone: _____ Email: _____

Please send to: CPR for Parents, Winnetka Alliance for Early Childhood, 1235 Oak St., Winnetka, IL 60093